## CLAIMS

- 1. A garment (1) comprising an absorbent part (2) and a waist belt (3) which has a longitudinal direction (L) and a cross-direction (T) and which is attached directly or indirectly to said garment (1), wherein said belt (3) includes two belt-portions (7, 8) which extend generally in said longitudinal direction (L) in respective directions from said absorbent part (2) and which are intended to be fastened together around a wearer of the garment (1), characterised in that the belt (3) has a stiffness that varies in the cross-direction (T) of the belt (3).
- 2. A garment according to Claim 1, characterised in that the belt (3) comprises in its cross-direction (T) at least two mutually adjacent regions (9, 10, 11, 12, 13, 14, 15) of mutually different stiffness.
- 3. A garment according to Claim 2, characterised in that the belt (3) has a longitudinally extending central part that is stiffer than at least one longitudinally extending edgepart of said belt (3).
- 4. A garment according to Claim 2 or 3, characterised in that the mutually opposing regions (9-15) disposed in the cross-direction of the belt have an extension in the longitudinal direction (L) that essentially coincides with the length of the belt (3).
- 5. A garment according to Claim 3, characterised in that the regions (29-35) of mutually different stiffness that lie adjacent one another in the cross-direction (T) of the belt have extensions in the longitudinal direction (L) that are shorter than the length of the belt (3).

6. A garment according to any one of the preceding Claims, characterised in that the two belt-portions (7, 8) of said belt (3) are comprised of a generally homogenous material; and in that a cross-section through one or both of said belt-portions (7, 8) presents at least one edge-part that is thinner than the central part, of said cross-section.

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- 7. A garment according to any one of the preceding Claims, characterised in that at least one edge-part of the belt (3) has been treated so as to change the stiffness of the material locally.
  - 8. A garment according to Claim 7, characterised in that the edge-part of said belt (3) has been heat-treated.
  - 9. A garment according to Claim 7, characterised in that the edge-part of said belt (3) has been treated with electromagnetic radiation.
- 10. A garment according to Claim 7, characterised in that the edge-part of said belt (3) has been worked mechanically.